



COVID-19 Community Response

- Do you have health issues that would make you vulnerable to COVID-19?
- Do you have family or friends who will help you?
- Would you like someone to check in on you?
- Do you need help with picking up groceries or other supplies?
- Do you need help walking a pet?
- Do you need help shoveling your walkway?
- Do you need someone to talk to?

My name is: _____

I live in Banff Trail, my address is: _____

My phone number is: _____

My email is: _____

If you need professional assistance please call:

Alberta Health Services Health Link - dial 8-1-1

Distress Centre – dial 403-266-HELP (4357)

Alberta Community & Social Services – dial 2-1-1

Emergency Medical Services – dial 9-1-1

Stay Safe by washing your hands with soap and water, stay indoors, if you need to go out keep a social distance of (2m or 6ft) and listen to Dr. Deena Hinshaw Alberta's Chief Medical Officer of Health