# Banff Trail Bulletin

January 2023





# BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED On or after march 1, 2023 and are Free for the year!

IF YOU HAVE NOT RENEWED YOUR MEMBERSHIP YET, PLEASE EMAIL MEMBERSHIP@BANFFTRAILCOMMUNITY.CA OR RENEW ONLINE HERE

#### JANUARY IS FOR SKATING

Although we've had fantastic weather this November and December, it's been challenging to plan events that involve skating. But, we're excited to announce the Sunday Funday Skating event on January 21st at the BTCA outdoor rink!



#### **DECEMBER EVENTS RECAP**

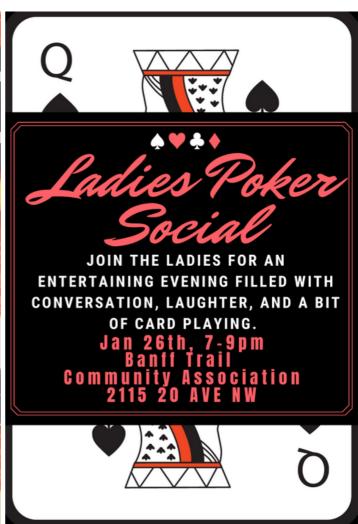
A heartfelt appreciation goes out to each and every one of you who graced us with your presence at our Christmas Celebration! Despite the warmer weather preventing us from challenging Santa to a skating race, the day was brimming with joy. From the melodies that filled the air to the delightful snapshots with Santa and Mrs. Claus decorating cookies and engaging in Christmas crafts, every moment was a testament to the spirit of the season.

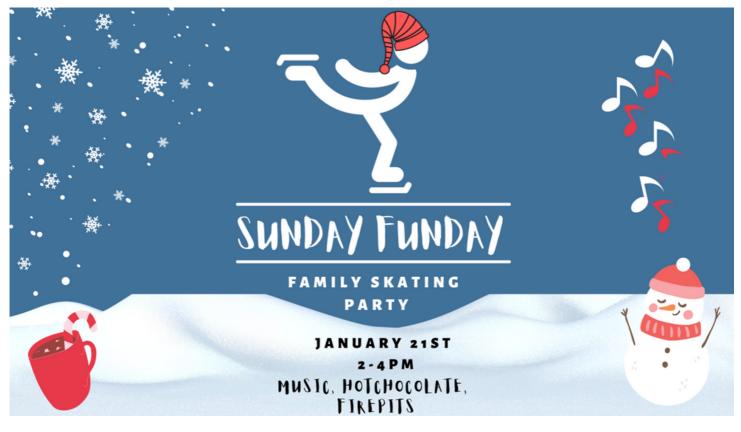
The BTCA would like to extend our sincerest gratitude to our local Edelweiss Village for their generous supply of chocolates, adding an extra sprinkle of sweetness to our event. A special acknowledgment to Ward 7 Councillor, Terry Wong, for his unwavering support, providing us with piping hot chocolate and an array of delectable treats that added to the warmth of the occasion. Thank you all for making it truly magical!



#### January Events & Activities





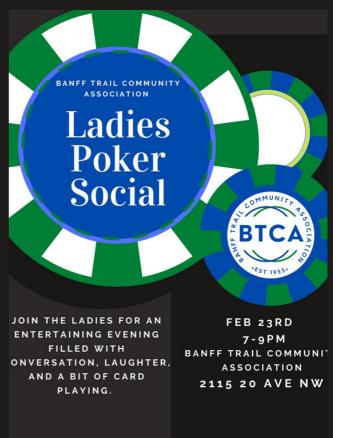


#### Upcoming Events & Activities









#### Winter in Banff Trail

BANFF TRAIL COMMUNITY ASSOCIATION

# DID YOU KNOW THE BANFF TRAIL COMMUNITY RINK IS MAINTAINED BY VOLUNTEERS?

BTCA WOULD LIKE TO THANK OUR
VOLUNTEERS FOR KEEPING OUR ICE IN TIP
TOP SHAPE FOR EVERYONE TO ENJOY

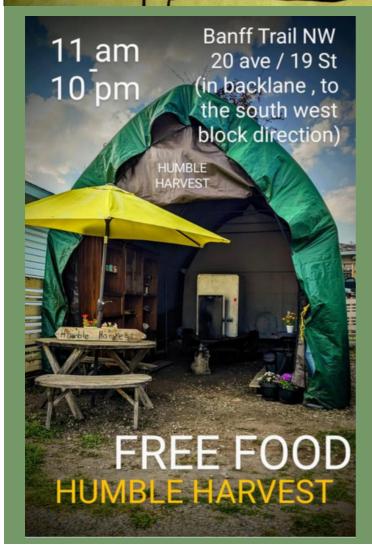
MORE VOLUNTEERS ARE NEEDED TO HELP
WITH CLEARING OFF SNOW AT THE RINK AND
FLOODING

Email: rink@banfftrailcommunity\_ca

VOLUNTEER COMMITMENTS ARE APPROX 2-3
HOURS A WEEK



#### Food Resources in Banff Trail HUMBLE BACK LANE ACCESS Humble Harvest 11am - 10pm Humble Harvest Calgary 20 Ave NW BANFF Edelweiss Village Community Center PANTRY if you have 19 Ave NW left over food



#### **HUMBLE HARVEST BANFF TRAIL**

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group, is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on Facebook. Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it.

The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

#### **MEMBERSHIPS IMPORTANT INFORMATION**

During the AGM, a decision was made to continue free membership for residents living within the Banff Trail boundaries. However, individuals outside of the community borders will be required to pay a small fee of \$10. This membership fee will allow us to host community events for both Banff Trail residents and non-residents.

New members who reside outside the Banff Trail boundaries will be required to pay a fee upon registration. However, for those who have already registered, payment will only be necessary upon renewal for the 2024/2025 term.



#### **GOOD FOOD, GREAT PRICES!**

#### ORDER EARLY SO YOU DON'T FORGET!

Friendly reminder that Good Food Boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: goodfoodbox@banfftrailcommunity.ca to order today.

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40

The next Good Food Box orders must be placed by **January 17th** for pick-up on **January 25th**.





# BANFF TRAIL BUSINESS DIRECTORY

#### RESTAURANTS

Cheese & Dough- Pizza 2220 20 AVE NW

Phone: 403-454-3424

<u>Menu</u>

The Artist Lounge 1840 20 AVE NW Phone: 403-455-0992

Menu

Kim's Katsu and Roll 2826 Morley Trail NW Phone: 587-352-9644

<u>Menu</u>

Saigon Y2K Vietnamese 2110 Crowchild Trail NW Phone: 403-282-2553

Menu

#### **COFFEE SHOPS**

Weeds Cafe 1093 20th AVE NW Phone: 403-282-7940 Higher Ground Cafe 2502 Capitol Hill Cres NW Phone: 403-668-1175

Menu

#### **PLUMBER**

Jack Dish Plumbing & Heating Ltd.

403-835-2023

Email: info@jackdishplumbing.ca

Website

#### **SKI/SNOWBOARD TUNING**

Glide Factory

2824 Morley Trail NW

Phone: 403-402-4209

Email: theglidefactory@gmail.com

Website

#### **CANNABIS RETAILER**

Collage Cannabis 1907 20th AVE NW 403-453-1916

Email: collagecannabis@gmail.com

Website

#### PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?

You can advertise it here!

Email:

membership@banfftrailcommunity.ca

#### HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)

1904 20 AVE NW Phone:403-500-1801

Website

#### **NAIL SALONS**

Do you own a nail salon in Banff Trail?

You can advertise it here!

Email:

membership@banfftrailcommunity.ca

#### REALTORS

Paula Kahr, CIR Realty Phone: 403-512-8836

Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View

Phone: 403-617-6009

Email: prestonsgt@gmail.com

#### PET GROOMER

Swag

759 Northmount Dr NW Phone: 403-289-2208

Website

#### **LAWYERS**

Rolland C. Lequier, B. Comm, LLB, TEP, EPC

Elite Counsel, Barrister & Solicitor

Wills & Estate Planning, Probate, Real Estate

403-264-0036

rolland@elitecounsel.com

Website

#### **DOCTORS**

Do you have a medical clinic in Banff Trail?

You can advertise it here!

Email:

membership@banfftrailcommunity.ca

# Happening at the Community Association 2115 20 AVE NW

#### TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainor: Robert Scott

Register @ www.scott-tkd.ca

#### **BIKE POLO**

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

#### TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Jan 12th 8-10pm Main hall

#### **SEEDLINGS DAYCARE**

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare Short day Bilingual Preschool & Daycare Bilingual Kindergarten

To register call 403-210-0604

find more information at

www.seedlingsspanishpreschool.com

## **COMMUNITY GAME NIGHT**

Community members and guests welcome. Bring your own or play one of our 30+ board games

February 9th 7-10pm

### **YOUTH COUNCIL**

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

#### **LADIES POKER NIGHT**

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

January 26th 7-9pm, lower hall

## **CONVERSATION CLUB**

#### Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

#### **YOGA CLASSES**

#### All levels Yoga Tuesdays 6-7pm

Register by contacting Margau. yogamarg@telus.net

403-585-0043

#### Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

#### One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net 403-585-0043

#### **MONTHLY BOARD MEETING**

Meetings are the first Wednesday of the month. Community members are welcome to attend meetings, on-line or in person. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca to discuss your issue in advance of the meeting.

Community feedback is always welcomed.

Join the meeting online:

https://meet.google.com/gsd-cyzo-fhx

Next meeting is: January 10th, 2023 @ 7pm

#### **GARDEN CLUB**

Interested in volunteering with the garden and plant upkeep? Contact the Garden Club to see how you can pitch in.

garden@banfftrailcommunity.ca



Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email membership@banfftrailcommunity.ca to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

