

Banff Trail Bulletin

December 2023



December 2022 photo KJ



BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED
ON OR AFTER MARCH 1, 2023 AND ARE
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR
MEMBERSHIP YET, PLEASE EMAIL
MEMBERSHIP@BANFFTRAILCOMMUNITY.CA
OR RENEW ONLINE [HERE](#)

BANFF TRAIL CHRISTMAS EVENT

Ice is nice but hanging with Santa will suffice! Join us on Dec 9th for hot chocolate, crafts, treats and pictures with Santa. See our upcoming events for future skate dates. Thank you everyone for your understanding as we work around the current weather conditions.

Banff Trail Community Association

Santa Skate Dec 9th

10am-1pm Crafts, Treats,
Hot Dog Roast, Pictures w/Santa

12-1pm Skate w/ Santa



Free for registered BTCA members
and guests

NEW YEARS GOALS, VOLUNTEER!

Do you ever envision a vibrant, thriving community that hums with energy and goodwill? The pulse of such a place beats through the hearts and actions of its residents. It's time to weave this vision into reality through the force that is volunteering.



The Spark of Transformation

Every great community has a secret ingredient: passionate individuals willing to roll up their sleeves and create change. Enter the heart of our community association - a nexus of opportunity, a platform for transformation, and a haven for those eager to make a difference.

Why Volunteer?

Volunteering isn't just about giving your time; it's an investment in our shared future. It's a chance to be a part of something greater than ourselves, to nurture the roots of our community, and to witness the blossoming of positive change firsthand.

The Impact of Your Actions

Think about it: a few hours a week could mean a child's smile, a cleaner park, a more connected neighborhood. Volunteering creates a ripple effect, touching lives far beyond what we can imagine.

How You Can Contribute

Whether you're a master organizer, a creative visionary, a tech guru, or a compassionate listener, there's a place for you here. From event planning to outreach, administration to mentorship, your unique skills and passions can be the driving force behind our collective progress.

The Call to Action

We stand at the threshold of a new chapter and the pen is in your hands. Join us as we script a tale of unity, growth, and community pride. Volunteer your time, your ideas, and your enthusiasm. Together, let's paint the canvas of our community with vibrant hues of positive change!

Get Involved Today

Don't wait for change—be the catalyst! Email membership@banfftrailcommunity.ca, sign up for a volunteer position or committee role today!



December Events in and around the community

Banff Trail Community Association

Santa Skate

Dec 9th

10am-1pm Crafts, Treats, Hot Dog Roast, Pictures w/Santa

12-1pm Skate w/ Santa



EST. 1968
Capitol Hill NW



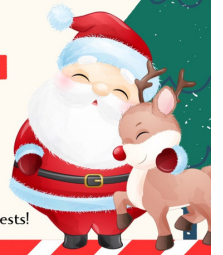
Sleigh Rides with Santa!

JOIN CAPITOL HILL COMMUNITY FOR A CHRISTMAS CELEBRATION
Outdoors with horse-drawn sleigh rides around the park, & indoors with holiday music, hot chocolate, candy canes & crafts!

**SATURDAY
DECEMBER 9TH
FROM 2PM TO 5PM**

CHCA LOUNGE & PARK
1531 21 Ave NW

This is a free event for CHCA Members & Guests!



MCA
MONTGOMERY
COMMUNITY ASSOCIATION

Festive ARTISAN Market

December 2

10:00 AM - 3:00 PM

Montgomery Community Association 5003 16th Ave NW

Upcoming Events & Activities

COME PLAY AN
ASSORTMENT OF BOARD
AND CARD GAMES WITH
NEIGHBOURS AND FAMILY
MEMBERS

COMMUNITY BOARD GAME NIGHT

Dec 8th 7-10pm
2115 20 AVE NW

**OPEN TO ALL REGISTERED MEMBERS OF
THE BANFF TRAIL COMMUNITY
ASSOCIATION**



SUNDAY FUNDAY
FAMILY SKATING
PARTY
JANUARY 21ST
12-2PM

**MUSIC, HOTCHOCOLATE,
FIREPITS**

BANFF TRAIL COMMUNITY
ASSOCIATION

Ladies Poker

JOIN THE LADIES FOR
AN ENTERTAINING
EVENING FILLED WITH
CONVERSATION,
LAUGHTER, AND A BIT
OF CARD PLAYING.

29, DECEMBER 2023
7-9PM

BANFF TRAIL COMMUNITY
ASSOCIATION

2115 20 AVE NW

*Community
Skate Date*

11TH FEBRUARY 2023 2-4PM

**PINK HOT CHOCOLATE,
TREATS, POPCORN,
MUSIC & MORE**

Winter in Banff Trail

BANFF TRAIL COMMUNITY ASSOCIATION

DID YOU KNOW THE BANFF TRAIL COMMUNITY RINK IS MAINTAINED BY VOLUNTEERS?

BTCA WOULD LIKE TO THANK OUR
VOLUNTEERS FOR KEEPING OUR ICE IN TIP
TOP SHAPE FOR EVERYONE TO ENJOY

MORE VOLUNTEERS ARE NEEDED TO HELP
WITH CLEARING OFF SNOW AT THE RINK AND
FLOODING

Email: rink@banfftrailcommunity.ca

VOLUNTEER COMMITMENTS ARE APPROX 2-3
HOURS A WEEK



Be a Snow Angel

Help neighbours who may be unable to
keep their sidewalks clear this winter

Food Resources in Banff Trail



HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group, is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

MEMBERSHIPS IMPORTANT INFORMATION

During the AGM, a decision was reached to maintain free membership for residents living within the Banff Trail boundaries. However, individuals outside of the community borders will be required to pay a small fee of \$10. This membership fee will allow us to host community events for both Banff Trail residents and non-residents.

New members who reside outside the Banff Trail boundaries will be required to pay a fee upon registration. However, for those who have already registered, payment will only be necessary upon renewal for the 2024/2025 term.



GOOD FOOD, GREAT PRICES!

ORDER EARLY SO YOU DON'T FORGET!

Friendly reminder that Good Food Boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: goodfoodbox@banfftrailcommunity.ca to order today.

- small box (20-25lbs) is \$30
- medium box (25-30lbs) is \$35
- large box (35-40lbs) is \$40



The next Good Food Box orders must be placed by **December 4th** for pick-up on **December 13th**.

TIME TO ORDER YOUR

GOOD FOOD BOX

ORDER BY PICK-UP
DEC 4 DEC 13

BANFF TRAIL BUSINESS DIRECTORY

RESTAURANTS

Cheese & Dough- Pizza
2220 20 AVE NW
Phone: 403-454-3424

[Menu](#)

The Artist Lounge
1840 20 AVE NW
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll
2826 Morley Trail NW
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese
2110 Crowchild Trail NW
Phone: 403-282-2553

[Menu](#)

COFFEE SHOPS

Weeds Cafe
1093 20th AVE NW
Phone: 403-282-7940

Higher Ground Cafe
2502 Capitol Hill Cres NW
Phone: 403-668-1175

[Menu](#)

PLUMBER

Jack Dish Plumbing & Heating Ltd.
403-835-2023
Email: info@jackdishplumbing.ca

[Website](#)

SKI/SNOWBOARD TUNING

Glide Factory
2824 Morley Trail NW
Phone: 403-402-4209
Email: theglidefactory@gmail.com

[Website](#)

CANNABIS RETAILER

Collage Cannabis
1907 20th AVE NW
403-453-1916
Email: collagecannabis@gmail.com

[Website](#)

PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)
1904 20 AVE NW
Phone: 403-500-1801

[Website](#)

NAIL SALONS

Do you own a nail salon in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

REALTORS

Paula Kahr, CIR Realty
Phone: 403-512-8836
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View
Phone: 403-617-6009
Email: prestonsgt@gmail.com

PET GROOMER

Swag
759 Northmount Dr NW
Phone: 403-289-2208
[Website](#)

LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC
Elite Counsel, Barrister & Solicitor
Wills & Estate Planning, Probate, Real Estate
403-264-0036
rolland@elitecounsel.com
[Website](#)

DOCTORS

Do you have a medical clinic in Banff Trail?
You can advertise it here!

Email:
membership@banfftrailcommunity.ca

Happening at the Community Association
2115 20 AVE NW

TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ www.scott-tkd.ca

BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Jan 12th 8-10pm Main hall

SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

www.seedlingsspanishpreschool.com

COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

December 8th 7-10pm

YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

December 29th 7-9pm, lower hall

CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

MONTHLY BOARD MEETING

Meetings are the first Wednesday of the month.

Community members are welcome to attend meetings, on-line or in person. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca to discuss your issue in advance of the meeting.

Community feedback is always welcomed.

Join the meeting online:

<https://meet.google.com/gsd-cyzo-fhx>

Next meeting is: December 6th, 2023 @ 7pm

GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the Garden Club to see how you can pitch in.

garden@banfftrailcommunity.ca

VOLUNTEERS NEEDED!



Interested in joining us?

Did you know the BTCA board and its sub committees are all run by volunteers? Volunteers are the lifeblood of our community. Thank you to all our past and present volunteers. If you are able to give the gift of time and volunteer please email membership@banfftrailcommunity.ca

BANFF TRAIL
COMMUNITY ASSOCIATION

WE NEED HELP WITH:

- Events
- Soccer
- Bike park set up/take down
- Rink maintenance
- Casinos
- Community clean up
- Handymen/handywomen
- Photography
- Stampede BBQ
- Garden

Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email membership@banfftrailcommunity.ca to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

