

# Banff Trail Bulletin

September 2023



## BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED  
ON OR AFTER MARCH 1, 2023 AND ARE  
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR  
MEMBERSHIP YET, PLEASE EMAIL  
[MEMBERSHIP@BANFFTRAILCOMMUNITY.CA](mailto:MEMBERSHIP@BANFFTRAILCOMMUNITY.CA)  
OR RENEW ONLINE [HERE](#)

## ANNUAL GENERAL MEETING

Ready to have your say in how the Community Association is run? Attend the AGM September 27th starting at 7pm to vote or run for board positions for the 2023/2024 term, hear a recap of the past year, and share your ideas with the future board.

*Banff Trail  
Community Association*

2023  
*Annual  
General  
Meeting*

**SEPTEMBER 27th 7pm  
2115 20 AVE NW**

# AUGUST EVENTS RECAP

## MUSIC IN THE PARK

We would like to thank The City of Calgary for their financial support through an Arts and Micro culture grant that enabled the BTCA to host a series of four concerts in our garden. August's Music In The Park yielded nearly 50 people. Pannini Boys Food Truck was onsite, and guests enjoyed music by Nadi Downs Duo, Armando Barahona and Rondel Roberts Duo. Organizers had a multitude of our yard games out and good spirits and music were in the air.

As we near our last and final Music In The Park series on September 1st, organizers are looking for feedback from the community. Did you enjoy Music In The Park, what did you think of the musical talent, would you like to see this series back next year? What you think matters. The BTCA events committee wants to hear from you. Please email Kerstin at [events@banfftrailcommunity.ca](mailto:events@banfftrailcommunity.ca) to and let us know what you think.

## COMMUNITY SPLASH AND DASH

We could not have asked for better weather at our Community Splash and Dash event on Aug 16th. The temperature was in the high 30's and kids and adults alike were ready for a cool down. Thanks to a CBC radio interview on the Eye Opener morning show we nearly doubled previous years attendance to over 50!! Organizers overcame challenges with the water restrictions with kiddie pools placed through out the garden to be used as refill stations. The gazebo, as in previous years, was a safe zone for those who needed a break or desired to not get wet. We would like to send a special thanks to the garden club for keeping our garden looking spectacular! They are a beautiful back drop for many events at the BTCA!

BANFF TRAIL  
COMMUNITY ASSOCIATION

# MUSIC IN THE PARK

◆◆◆◆◆ 2023 ◆◆◆◆◆



4 AUGUST 5-8PM FREE ENTRY

NADI DOWNS DUO + ARMANDO BARAHONA + RONDEL ROBERTS DUO

2115 20 AVE NW, BANFF TRAIL C.A.



# SEPTEMBER EVENTS/ACTIVITIES

BANFF TRAIL  
COMMUNITY ASSOCIATION

## MUSIC IN THE PARK

◆◆◆◆◆ 2023 ◆◆◆◆◆



1 SEPTEMBER 5-8PM FREE ENTRY  
ALEXIS MEIER DUO + JAIDEN RILEY + ARMANDO BARRAHONA

2115 20 AVE NW, BANFF TRAIL C.A.

Join us for the last of our Music in the Park concert series September 1st 5-8pm. Enjoy food trucks, Balloon twisters, bounce castle, yard games and local musicians playing live music in the garden.

BANFF TRAIL YOUTH  
COUNCIL PRESENTS

## TEEN/TWEEN BOARD GAME NIGHT

September 8th 8-10pm  
2115 20AVE NW

Bring your favourite board/card  
games or play one of the 30+  
available.

## Banff Trail Community Association

### 2023 Annual General Meeting

SEPTEMBER 27th 7pm  
2115 20 AVE NW

The Annual General Meeting is Sept 27th, 2023 starting at 7pm. Come join other community members to hear a recap of the previous boards accomplishments from 2022/2023. The BTCA is always open to community feedback. Have a concern or issue you would like brought up at the AGM or if you are considering running for the board, email Rolland our president: [president@banfftrailcommunity.ca](mailto:president@banfftrailcommunity.ca)

### Banff Trail Community Association

## Community Clean Up



3009 Morley Trail NW  
William Aberhart Parking lot  
Sept 2nd 9am-2pm

#### Accepting:

- Furniture (mattresses, sofas, chairs, desks, dressers, etc.)
- Toilets
- Broken recreational items (old treadmills)
- Lumber from old fences and decks
- Weird items: garden gnome collection, broken grandfather clock, taxidermy items
- Electronics for recycling
- Small household items for donation to Cerebral Palsy
- Bottles for donation to the BTCA Events Fund
- Household batteries

# October Events/Activities



## COSTUME EXCHANGE

Stop by with your used, in good condition costumes to exchange them with other community members. This is the 3rd year the BTCA will host its costume exchange and every year we see more and more folks join in.

Things to remember:

- Adults and kids can participate in the exchange
- You do not need to bring a costume to take a costume

There will be fun activities and games

- Everyone is welcome, invite your neighbours and friends

Would you like to help out? Email [events@banfftrailcommunity.ca](mailto:events@banfftrailcommunity.ca) to volunteer and help out with this event

## BANFF TRAIL COMMUNITY ASSOCIATION Conversation Club Mondays, 1-4pm

Join a lively interesting group of people who enjoy stimulating and exciting conversations. Participants choose their own topic including global, national, local, politics, religion, history, geography, science, etc. All ages welcome



## GAMES NIGHTS ARE BACK

The BTCA is happy to have our monthly games night series back at the hall. We have over 30 games and ping pong tables. Invite friends and neighbours to join in the fun!

Interested in a specific game, let our Events director know and we can see how we can help facilitate finding more, similarly interest players.

Please consider bringing a food donation to games night!

# Presidents Message

Time has flown and we are nearing the end of the 2022/2023 BTCA Board term... what a busy year it has been! While this Board term has had more than it's fair share of challenges, I am grateful for the time and effort so many volunteers donate to the Banff Trail Community Association. From those that maintain our grounds and garden, to those who plan and run events, to the Board members that bring it all together, volunteers ARE THE VERY HEART of our organization. We truly could not do all that we do without the dedication of time and talent of so many wonderful volunteers. I love the Banff Trail Community and it has been my honour to serve as your President these past 3 years. I get a great deal of satisfaction from giving back to my community in this way and I encourage you all to consider getting involved in some way next year. It does not have to be as formal as joining an official committee or board position. It could be as simple as donating an hour or two of your time to help with the setup or take down of an event, participating in the Community Association yard clean-up, helping with rink maintenance or helping to organize an event you want to see happen at the Hall! It is true that many hands make light work. If we work together, we can make Banff Trail the best community in Calgary! Our Annual General Meeting is going to be held at the Hall at 7:00 p.m. on Wednesday, September 27, 2023. I encourage you all to attend to meet with your neighbours, hear the updates from the outgoing Board of Directors and assist in the election of the new board. I look forward to seeing you all there!

Rolland C. Lequier

President

Banff Trail Community Association



# Food Resources in Banff Trail



## HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new, free food resource for those in need. The pantry, started by the Humble Harvest group is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

# ENGRAVED WATER BOTTLES

The Banff Trail Community Association received a grant from Toole Pete in March to purchase 80 water bottles. The thermoflask water bottles were purchased and engraved with the Banff Trail Community Association logo and membership numbers. To reduce our environmental impacts and waste at the Community Association, Banff Trail events will provide drinks in beverage dispensers FREE for those who bring their own vessel. Thank you to those that were first to renew their memberships last year - you will receive one of the 80 thermoflask water bottles with your membership numbers engraved on them! We look forward to seeing you and your water bottles at future events!



# GOOD FOOD GREAT PRICES!

Good Food Box orders resume in August! Please note that there will be a price change starting August 1st, new pricing is below. Order early so you do not forget!

Friendly reminder that Good Food boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: [btcgoodfoodbox@banfftrailcommunity.ca](mailto:btcgoodfoodbox@banfftrailcommunity.ca) to order today.

- small box (20-25lbs) is \$30
- medium box (30-25lbs) is \$35
- large box (40-45lbs) is \$40

The next Good Food Box orders must be placed by **September 19th** for pick-up on **September 27th**.

TIME TO ORDER YOUR

# GOOD FOOD BOX

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**ORDER BY**  
SEPT 19

**PICK-UP**  
SEPT 27

# BANFF TRAIL BUSINESS DIRECTORY

## RESTAURANTS

Cheese & Dough- Pizza  
2220 20 AVE NW  
Phone: 403-454-3424

[Menu](#)

The Artist Lounge  
1840 20 AVE NW  
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll  
2826 Morley Trail NW  
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese  
2110 Crowchild Trail NW  
Phone: 403-282-2553

[Menu](#)

## COFFEE SHOPS

Weeds Cafe  
1093 20th AVE NW  
Phone: 403-282-7940

Higher Ground Cafe  
2502 Capitol Hill Cres NW  
Phone: 403-668-1175

[Menu](#)

## PLUMBER

Jack Dish Plumbing & Heating Ltd.  
403-835-2023  
Email: info@jackdishplumbing.ca

[Website](#)

## SKI/SNOWBOARD TUNING

Glide Factory  
2824 Morley Trail NW  
Phone: 403-402-4209  
Email: theglidefactory@gmail.com

[Website](#)

## CANNABIS RETAILER

Collage Cannabis  
1907 20th AVE NW  
403-453-1916  
Email: collagecannabis@gmail.com

[Website](#)

## PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)  
1904 20 AVE NW  
Phone: 403-500-1801

[Website](#)

## NAIL SALONS

Do you own a nail salon in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## REALTORS

Paula Kahr, CIR Realty  
Phone: 403-512-8836  
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View  
Phone: 403-617-6009  
Email: prestonsgt@gmail.com

## PET GROOMER

Swag  
759 Northmount Dr NW  
Phone: 403-289-2208

[Website](#)

## LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC  
Elite Counsel, Barrister & Solicitor  
Wills & Estate Planning, Probate, Real Estate  
403-264-0036

rolland@elitecounsel.com

[Website](#)

## DOCTORS

Do you have a medical clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca



Happening at the Community Association  
2115 20 AVE NW

## TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ [www.scott-tkd.ca](http://www.scott-tkd.ca)

## BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

## TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Sept 8th 8-10pm Main hall

## SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

[www.seedlingsspanishpreschool.com](http://www.seedlingsspanishpreschool.com)

## COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

October 13th 7-10pm

## YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Returning Soon, 7-9pm, location TBA

## LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

Returning Soon, 7-9pm, lower hall

## CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

## YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

## MONTHLY BOARD MEETING

Meetings are every second Wednesday of the month, community members are invited to join the community board meeting. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca if you need space on the agenda. Community feedback is always welcomed.

Join the meeting online

<https://meet.google.com/gsd-cyzo-fhx>

Sept 27 7pm

## GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the garden club to see how you can pitch in.

btcommunitygarden@gmail.com

# VOLUNTEERS NEEDED!



## Interested in joining us?

Did you know the BTCA board and its sub committees are all run by volunteers? Volunteers are the lifeblood of our community. Thank you to all our past and present volunteers. If you are able to give the gift of time and volunteer please email [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca)

**BANFF TRAIL**  
COMMUNITY ASSOCIATION

### WE NEED HELP WITH:

- Events
- Soccer
- Bike park set up/take down
- Rink maintenance
- Casinos
- Community clean up
- Handymen/handywomen
- Photography
- Stampede BBQ
- Garden

Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca) to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

