

# Banff Trail Bulletin

August 2023



## BANFF TRAIL COMMUNITY ASSOCIATION MEMBERSHIPS

ANNUAL MEMBERSHIPS MUST BE RENEWED  
ON OR AFTER MARCH 1, 2023 AND ARE  
FREE FOR THE YEAR!

IF YOU HAVE NOT RENEWED YOUR  
MEMBERSHIP YET, PLEASE EMAIL  
[MEMBERSHIP@BANFFTRAILCOMMUNITY.CA](mailto:MEMBERSHIP@BANFFTRAILCOMMUNITY.CA)

## SPLASH AND DASH

Cross your fingers for better weather this month! The Community Splash and Dash water fight is August 16th from 5-7pm. Bring your favourite water gun or borrow one of ours! A delicious frozen treat will be available afterwards.



# JULY EVENTS RECAP



## STAMPEDE BBQ

What a day! Nearly 250 people showed up during a crazy Calgary storm to celebrate Stampede at The Banff Trail Community Association. The weather started out promising until dark clouds rolled in and the lightening and thunder began; the skies opened up and attendees, musicians, face painters, and balloon artists all rushed inside. To top it off the power briefly went out completely!

Thanks to our dedicated volunteers and entertainers, the party continued inside and on the covered deck as the heavens roared outside. The delicious meal consisted of pulled beef, pulled jack fruit, coleslaw, veggies, chips, fruit, ice cream, hot dogs and cookies. The cookies were baked by local teen Hannah, our Events Coordinator's (Kerstin) daughter.

Caring people make for loved communities. Thank you to everyone that volunteered and came to celebrate this long standing Calgary tradition!!



## MUSIC IN THE PARK JULY

Thanks to an Arts and Micro Culture grant, sponsored by The City of Calgary, the Banff Trail Community Association is hosting a series of 'Music in the Park' concerts in our community garden. July artists featured the Alexis Meier Duo, Ben Tizzard & Elle McAndrews and Jared Daniel. It truly is a privilege to have such talented local artists right in our very own backyard.

Local food truck, [The Burrito](#), was in attendance to feed hungry listeners featuring delicious, authentic, Mexican cuisine. Yard games were out and our younger crowd participated in an impromptu water fight.

If you have been unable to attend we have two concerts left before the series wraps up! August 4th 5-8pm and September 1st 5-8pm. I highly recommend attending!



HAPPENING AT THE HALL IN AUGUST

BANFF TRAIL  
COMMUNITY ASSOCIATION

# MUSIC IN THE PARK

✦✦✦✦ 2023 ✦✦✦✦



4 AUGUST

5-8PM

FREE ENTRY

NADI DOWNS DUO ✦ ARMANDO BARRAHONA ✦ RONDEL ROBERTS DUO

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2115 20 AVE NW, BANFF TRAIL C.A.

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# September Events/Activities

Banff Trail Community Association

## Community Clean Up



3009 Morley Trail NW  
William Aberhart Parking lot  
**Sept 2nd 9am-2pm**

Accepting:

- Furniture (mattresses, sofas, chairs, desks, dressers, etc.)
- Toilets
- Broken recreational items (old treadmills)
- Lumber from old fences and decks
- Weird items: garden gnome collection, broken grandfather clock, taxidermy items
- Electronics for recycling
- Small household items for donation to Cerebral Palsy
- Bottles for donation to the BTCA Events Fund
- Household batteries

BANFF TRAIL  
COMMUNITY ASSOCIATION

## MUSIC IN THE PARK

2023



1 SEPTEMBER 5-8PM FREE ENTRY

ALGHIS MEIGER DUO + JAIDEN RILEY + ARMANDO BARRAKONA

2115 20 AVE NW, BANFF TRAIL C.A.

MUSIC IN THE PARK PROUDLY SPONSORED BY THE CITY OF

# Calgary



*Banff Trail  
Community Association*

2023  
*Annual  
General  
Meeting*

**SEPTEMBER 27th 7pm  
2115 20 AVE NW**

## AGM

The Annual General Meeting (AGM) is an important meeting for members to attend. At the AGM you will hear a recap of the year's work conducted by our Board of Directors and our committees, review the financial position of the Banff Trail Community Association, and have input into what you want to see next year. In addition to all of this, a new board will be elected. To be eligible to vote at the AGM you must have your membership renewed 30 days prior to the meeting and live within the Banff Trail Community boundaries.

# In and around the area



## HUMBLE HARVEST BANFF TRAIL

The Banff Trail Community has a new free food resource for those in need. The pantry, started by the Humble Harvest group is located one block from the Community Association (see the map above). Find more information about the Humble Harvest Group on [Facebook](#). Some info from their site states: "Food security is a key issue across the country, and especially here in Calgary. Having been on both sides of food-giving, jumping on board with Humble Harvest - a 'food rescue' initiative that began in Ontario - seemed like a win-win. Items from local stores and partners are provided in the hopes that someone who needs it can use it. The ultimate goal is to launch pantries all across the city, along with pop up pantries and partnerships with other organizations, to help create a greater sense of food security for all."

# SPECIAL THANKS

The 2022/2023 term for the Banff Trail Community Association has been especially trying. Volunteering with a diverse group of individuals can pose many challenges. I would like to personally thank the remaining board members this term for their hard work and dedication. Llyal Grummet has been instrumental in the rink maintenance and up keep; Pat Oscienny has provided exceptional stewardship with building maintenance and navigating some challenges with the lifecycle of our building; Kerstin Plaxton planned 6X the community events on a shoe string budget; Marlise Westeinde expanded community soccer to include professional instruction days; Nathan Chandler and Evan Gillespie jumped in to fill vacant executive positions and helped the BTCA board to operate more functionally; Kathy Quinn-Bayrack volunteered at nearly every event and balanced our budget while keeping tight reins on spending; Kathryn Davies for spearheaded an active planning and development committee; Paula Kahr took on several Eco-Committee initiatives despite the road blocks put in her way; and of course, Rolland Lequier our trusty President, captained the ship to smoother waters despite some massive storms over the last year.

## GOOD FOOD GREAT PRICES!

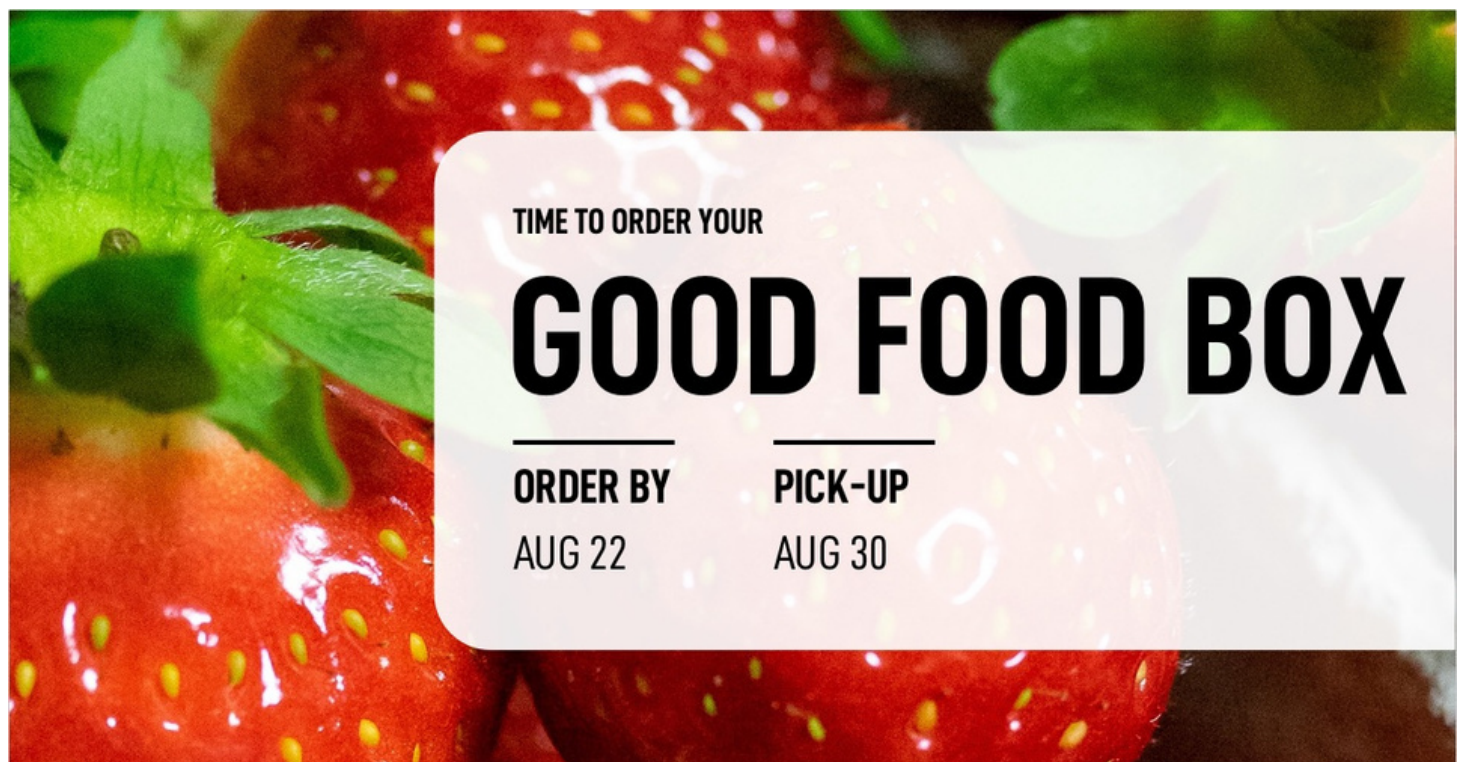
Good Food Box orders resume in August! Please note that there will be a price change starting August 1st, new pricing is below. Order early so you do not forget!

Friendly reminder that Good Food boxes are for everyone!! Affordable, fresh food with a convenient pick up location in Banff Trail.

Email: [btcagoodfoodbox@banfftrailcommunity.ca](mailto:btcagoodfoodbox@banfftrailcommunity.ca) to order today.

- small box (20-25lbs) is \$30
- medium box (30-25lbs) is \$35
- large box (40-45lbs) is \$40

The next Good Food Box orders must be placed by **August 20th** for pick-up on **August 30th**.



# BANFF TRAIL BUSINESS DIRECTORY

## RESTAURANTS

Cheese & Dough- Pizza  
2220 20 AVE NW  
Phone: 403-454-3424

[Menu](#)

The Artist Lounge  
1840 20 AVE NW  
Phone: 403-455-0992

[Menu](#)

Kim's Katsu and Roll  
2826 Morley Trail NW  
Phone: 587-352-9644

[Menu](#)

Saigon Y2K Vietnamese  
2110 Crowchild Trail NW  
Phone: 403-282-2553

[Menu](#)

## COFFEE SHOPS

Weeds Cafe  
1093 20th AVE NW  
Phone: 403-282-7940

Higher Ground Cafe  
2502 Capitol Hill Cres NW  
Phone: 403-668-1175

[Menu](#)

## PLUMBER

Jack Dish Plumbing & Heating Ltd.  
403-835-2023  
Email: info@jackdishplumbing.ca

[Website](#)

## SKI/SNOWBOARD TUNING

Glide Factory  
2824 Morley Trail NW  
Phone: 403-402-4209  
Email: theglidefactory@gmail.com

[Website](#)

## CANNABIS RETAILER

Collage Cannabis  
1907 20th AVE NW  
403-453-1916  
Email: collagecannabis@gmail.com

[Website](#)

## PHYSIOTHERAPIST

Do you have a Physio Clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## HAIR STYLISTS

Vivid Hair Design Inc (Hair, Nails, and Spa Services)  
1904 20 AVE NW  
Phone: 403-500-1801

[Website](#)

## NAIL SALONS

Do you own a nail salon in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

## REALTORS

Paula Kahr, CIR Realty  
Phone: 403-512-8836  
Email: pkahr@cirrealty.ca

John Preston, Re/Max Mountain View  
Phone: 403-617-6009  
Email: prestonsgt@gmail.com

## PET GROOMER

Swag  
759 Northmount Dr NW  
Phone: 403-289-2208

[Website](#)

## LAWYERS

Rolland C. Lequier, B. Comm, LLB, TEP, EPC  
Elite Counsel, Barrister & Solicitor  
Wills & Estate Planning, Probate, Real Estate  
403-264-0036  
rolland@elitecounsel.com

[Website](#)

## DOCTORS

Do you have a medical clinic in Banff Trail?  
You can advertise it here!

Email:  
membership@banfftrailcommunity.ca

Happening at the Community Association  
2115 20 AVE NW

## TAEKWONDO

Monday 4-6pm

& Wednesday 4-6pm

Trainer: Robert Scott

Register @ [www.scott-tkd.ca](http://www.scott-tkd.ca)

## BIKE POLO

Wednesdays 6:45pm till sun down in the rink

Drop in or register to learn the exciting fast paced

fun of playing Bike Polo.

To register email:

wh@hawkdsgn.com

## TWEEN/ TEEN GAME NIGHT

Tween/ Teen game night

Resumes Sept 7-9pm Main hall

## SEEDLINGS DAYCARE

Monday-Friday 7:30am-5:30pm

Full day Bilingual Preschool & Daycare

Short day Bilingual Preschool & Daycare

Bilingual Kindergarten

To register call 403-210-0604

find more information at

[www.seedlingsspanishpreschool.com](http://www.seedlingsspanishpreschool.com)

## COMMUNITY GAME NIGHT

Community members and guests welcome. Bring your own or play one of our 30+ board games

Resumes in September

## YOUTH COUNCIL

Youth Council meetings are the third Thursday of every month, youth aged 12-17 are invited to join other local teens in making a difference in our neighbourhood.

ycl@banfftrailcommunity.ca

Resumes Sept, 7-9pm, location TBA

## LADIES POKER NIGHT

Join other community members learning to play poker in a safe and inclusive environment that is welcoming to all. Last Friday of the month

Resumes Sept, 7-9pm, lower hall

## CONVERSATION CLUB

Mondays 1-3pm

Join other young at heart community members in lively discussion held in the Boardroom.

## YOGA CLASSES

All levels Yoga Tuesdays 6-7pm

Register by contacting Margau.

yogamarg@telus.net

403-585-0043

Mysore Early Morning Yoga Mon/Wed/Fri 6-8am

Wednesday

8:30am-10:30am

Friday

Led Ashtanga

9am-10:30am

Contact jangoranson001@gmail.com to register

One Lotus Chair Yoga Mondays 2:30pm-3:30pm

Register by contacting yogamarg@telus.net

403-585-0043

## MONTHLY BOARD MEETING

Meetings are every second Wednesday of the month, community members are invited to join the community board meeting. Have something you would like to say, or have an idea/event you want to share with the community? Please email president@banfftrailcommunity.ca if you need space on the agenda. Community feedback is always welcomed.

Join the meeting online

<https://meet.google.com/gsd-cyzo-fhx>

TBD, 7-9pm

## GARDEN CLUB

Interested in volunteering with the garden and plant upkeep? Contact the garden club to see how you can pitch in.

btcommunitygarden@gmail.com



# VOLUNTEERS NEEDED!



## Interested in joining us?

Did you know the BTCA board and its sub committees are all run by volunteers? Volunteers are the lifeblood of our community. Thank you to all our past and present volunteers. If you are able to give the gift of time and volunteer please email [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca)

**BANFF TRAIL**  
COMMUNITY ASSOCIATION

### WE NEED HELP WITH:

- Events
- Soccer
- Bike park set up/take down
- Rink maintenance
- Casinos
- Community clean up
- Handymen/handywomen
- Photography
- Stampede BBQ
- Garden

Unless otherwise credited, all content in the Banff Trail Bulletin is written by me, **Kimberley Jordan!** If you have community news or information you would like included, please email [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca) to have your article reviewed.

If there is information you think should be included, please let me know. I love hearing your feedback!

